Emergency medicine and Southington continued from pg 1

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December 2014

Brought to you by The Hospital of Central Connecticut

Healthy Southington

Emergency medicine and Southington: A perfect fit for Dr. Eric Hobert

Having lived in Southington for more than a decade, Eric Hobert, M.D., has a special appreciation for its residents and the town itself, where he practices emergency medicine at The Hospital of Central Connecticut’s Bradley Memorial campus Emergency Department.

“I still feel like I’m very much a part of Southington,” says the former resident. “I love the town. It’s a great place. The people are great. There’s just an incredible number of activities.”

Married and with an active family, Hobert has long enjoyed the sports and recreation Southington offers. And he’s seen his share of sports-related and other conditions through the Bradley Memorial campus Emergency Department, a fast-paced environment in which he thrives, following up on his dream.

“I always wanted to be a physician, from the earliest of my days. In medical school I found that I enjoyed all aspects of medicine. There wasn’t anything I didn’t like so it was difficult to find one area to really focus on. Emergency Medicine was a natural path for me.”

After graduating from the Boston University School of Medicine, Hobert completed an internal medicine residency at Boston City Hospital. He then worked at a nearby hospital before moving to Connecticut to practice emergency medicine at St. Mary’s Hospital. He was recruited to Bradley and served as associate director of emergency medicine and emergency medical services (EMS) medical director from 1998 to 2001. He then moved from Southington to become medical director of Windham Hospital’s emergency department before joining The Hospital of Central Connecticut emergency department in 2007.

Since 2011, he’s been associate director of Emergency Medicine at HOCC and medical director, Bradley Memorial campus ED. He’s also EMS medical director for the Town of Southington.

Hobert has special interest in emergency ultrasound

Continued on page 4
**Upcoming health events in Southington**

**Good Life Fitness.** This highly-individualized fitness and wellness program is under the close supervision and instruction of an exercise physiologist or certified trainer. Southington Care Center, 45 Meriden Ave., Southington. For more information, including cost: 860-378-1234.

**Free blood pressure screenings in Southington.** Tuesday, Dec. 2, 9:30 to 10:30 a.m. at YMCA, 29 High St.; Thursday, Dec 4, 11 a.m. to noon, Calendar House, 388 Pleasant St.; Tuesday, Dec 16, 11 a.m. to noon, Shop Rite, 750 Queen St. Sponsored by Central Connecticut Senior Health Services.

**Lunch & Learn program.** Hospital of Central Connecticut Bradley Memorial campus, 81 Meriden Ave., Southington, Dec. 18, noon to 1 p.m. with Dr. Daniel Kombert. He will discuss the role of the hospitalist and primary functions within the hospital. Complimentary lunch served. Event presented by the Connecticut Center for Healthy Aging. Reservations required; 1-877-424-4641.

**Skin Care** — tips to help keep and maintain healthy habits with Hartford HealthCare Medical Group and Hospital of Central Connecticut plastic surgeon Dr. Brian Allen, Thursday, Jan. 8 at Southington Library, 255 Main St.; and Thursday, Jan. 22 at YMCA, 29 High St., Southington. To register, call 1-800-321-6244.

**Free balance screenings** provided by licensed physical therapists. Appointments required. Southington Care Center, 45 Main St., Southington, 860-378-1234 and Jerome Home, 975 Corbin Ave., New Britain, 860-229-3707.

*Southington Care Center is a member of Central Connecticut Senior Health Services, a Hartford HealthCare Partner.*

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**HOCC’s Bradley Memorial campus conducts Ebola drill**

The Hospital of Central Connecticut’s Bradley Memorial and New Britain General campuses each held a drill the week of Oct. 19 with other Hartford HealthCare hospitals, to practice the Ebola preparations we have put into place at our organization to keep our staff and patients safe. What an amazing effort by all of our staff and community partners! Hartford HealthCare held such a drill across its five acute care hospitals. This photo is from Bradley Memorial campus.

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**100 days and 100 ways to healthier!**

We’re counting down to 100 days and 100 ways to healthier on The Hospital of Central Connecticut’s new Healthy Southington Facebook page (Healthy-Southington.Facebook.com)! Our countdown with healthy tips leads up to our Feb. 22 Healthy Family FunFest in Southington, a free event with health information, screenings, demonstrations and activities for everyone. It’s presented by Southington-Cheshire YMCA, The Hospital of Central Connecticut Bradley Memorial campus, and Central Connecticut Senior Health Services, which includes The Orchards, Mulberry Gardens, Southington Care Center, and the Center for Healthy Aging.

**A commitment in partnership with Southington**

Hartford HealthCare is committed to a Healthy Southington. To have value, this commitment needs to have meaning. Here’s what we mean.

- **A commitment to emergency care:** Each year, more than 17,000 times, someone uses our emergency department at the Bradley Memorial campus. On average, that’s 49 patients per day, every day of every year. Those services — including advanced technologies like MRI and CT, combined with expertise such as Board-certified emergency physicians — will stay, right here, where they are needed around the clock, year-round. We’re proud of our commitment to emergency care in Southington, and the high patient satisfaction scores our professionals have earned. In fact, there has never been a thought about ending this level of service.

- **A promise for progress:** We opened our all-new ambulatory surgery center at the Bradley Memorial campus on Sept. 29 in October. By October’s end, in its first month alone, more than 130 patients availed themselves of this expertise and convenience. Advances in health care mean patients today can go home after a procedure — even an operation — that would have required them to be hospitalized just years ago. Expert care, close to home without the expense of a hospital stay. I think we can all agree that’s progress.

- **An intent to invest:** Hartford HealthCare has invested in new operating rooms at the ambulatory surgery center, created new ways to access care at family health centers throughout the region — including one in Bristol, and is building a 65,000-square-foot cancer center nearby in Plainville. We also plan to expand access to primary care and related services right in Southington. We are committed to creating needed environments of care and access points that will meet the needs of Southington for generations to come.

- **Enabling access:** If there’s one thing health experts agree on, it’s this: Americans will get healthier when they can conveniently receive better, more cost-effective access to preventive and primary care. We can’t make a healthy America on our own, but it is well within our mission to help Southington be healthy. Our plans for a family health center at Queen Street will help in that goal. Visit www.BradleyFuture.org to learn more about Hartford HealthCare health centers throughout the region and see what services and programs are provided.

- **A pledge to listen:** We formed a Community Advisory Committee to gather the thoughts, concerns and ideas of a broad range of Southington residents. Hartford HealthCare staff has listened, and learned. Our commitment to Southington grew out of these sessions. We’re conducting ongoing meetings — including hundreds of conversations with community stakeholders, health care partners, senior centers and residential facilities — to ensure we are hearing from people throughout Southington.

- **A commitment to communicate:** We understand you want to know, clearly, what we mean when we say we have a commitment to Southington. That’s why we’ve started a monthly Healthy Southington newsletter, created a website (www.BradleyFuture.org), and formed a Facebook page (HealthySouthington.Facebook.com).

- **A vow to support and engage in the community:** We proudly sponsor and support a range of community-centered events to promote health and wellness. We are especially proud of our work with Healthy Family Fun Fest, coming up Feb. 22 — the fifth year of a successful collaboration between the Southington-Cheshire YMCA, Central Connecticut Senior Health Services and The Hospital of Central Connecticut. This year, we’ve created an easy way for everyone to get healthier by counting down the days to this family-centered event, and we encourage you to take part.

We believe the Bradley Memorial campus has a bright future — one that builds on its proud past, and meets community needs for many decades to come. We know that having access to the right care at the right time, for the services we need is critically important. At Hartford HealthCare, we are committed to ensuring access to high-quality care as we plan for the future together, and build a healthy Southington.

Lucille Janatka is President, Hartford HealthCare Central Region.
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