

We at The Hospital of Central Connecticut recognize that a hospital stay is often a stressful event for you and your loved ones. Our goal, in addition to providing superior care, is to help ease your anxiety.

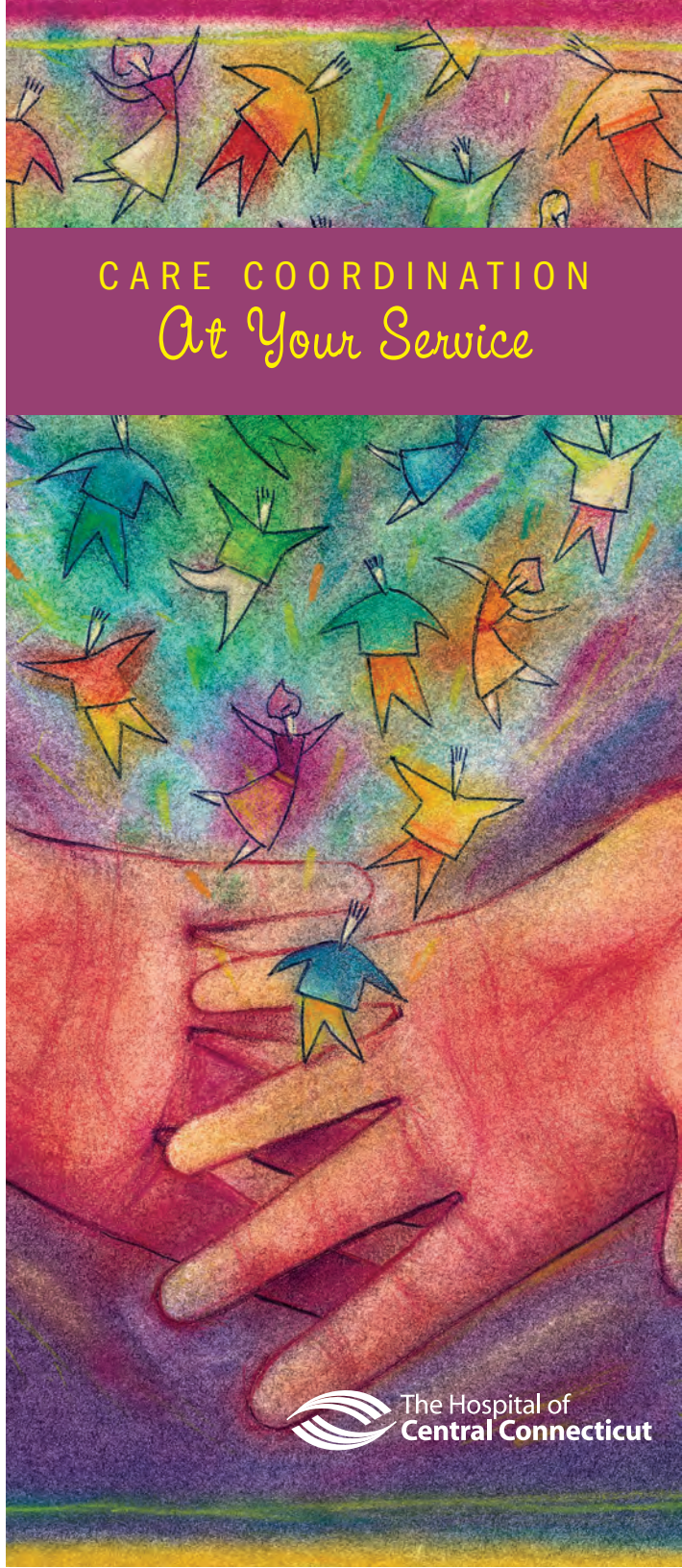
Research and technology have enabled many strides to be made in the management of illness, and hospital stays are becoming much shorter as a result. This can be a source of both comfort and concern to patients. While some look forward to the prospect of returning to their normal lives, others worry about how they will access necessary care and services.

Our Care Coordination Department was created with you in mind, to ensure your care needs are identified and arranged for, during and after your hospital stay. We work with you, your family and your healthcare team to develop a safe after-care plan.

Whether you require a short-term rehabilitation stay, return to a skilled nursing facility or a home visit from a nurse or physical therapist, your care coordinator will help you arrange services. Your care coordinator can also help you identify what your insurer will cover, or direct you to financial or community resources that can help.



100 Grand St., New Britain • 860-224-5107  
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[www.thocc.org](http://www.thocc.org)



## CARE COORDINATION *At Your Service*



## Planning Ahead

Your after-care planning starts the day of your admission. By having a safe plan in place, you and your family can avoid making last-minute decisions, or worrying about “what happens when I leave the hospital?” Having a discharge plan does not mean you will leave our hospital sooner. It means you will leave our hospital safer. Your physician will let our team know when your needs can be safely managed outside the hospital setting.

**Your care coordinator during your hospital stay is**

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**and can be reached between 8 a.m. and 4:30 p.m. at**

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The weekend/holiday care coordinator can be reached between 8 a.m. and 4:30 p.m. at (860) 305-2544.

Please visit the Care Coordination pages, in the “for patients” section of The Hospital of Central Connecticut Web site, [www.thocc.org](http://www.thocc.org), for helpful links to area resources and Medicare information.



## What I need to know before I go

Please see your discharge instructions for information on:

- Visiting nurse (if needed)
- Doctor appointments or tests
- Lab work or tests
- New medications
- Signs and symptoms of trouble
- Self-care skills needed
- Diet changes

**Questions I have:**

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